

Special instructions before surgery

- Stop using Aspirin or Ibuprofen (Advil, Motrin) 7 days prior to surgery.
- If you are on a blood thinner such as Coumadin, Plavix, Effient, Brilinta, or any other blood thinning agent, this must be stopped. Talk to Dr. Kroeker as well as your cardiologist about when to stop this medication before surgery.
- Stop all vitamins, herbal supplements, and any other homeopathic medications for 7 days before surgery.
- You will receive a call from the outpatient surgery team several days prior to your surgery. At that time, a pre-operative nurse will review your medical information with you and will provide you with details for the day of surgery.
- Do not eat or drink anything after midnight the night before your surgery. Your stomach must be empty of food before you go to the operating room.
- You may have a very small sip of water to take your usual medications the morning of surgery unless Dr. Kroeker or the anesthesiologist has specified otherwise.
- The day of surgery, arrive at the hospital or surgery center at the specified time by the outpatient surgery department. Please arrive promptly and always allow extra time for Austin traffic.